

Metric Rounds	Number of arrows to be shot at each distance												
	122cn face							80cm face					
	90m	70m	60m	50m	40m	30m	20m	50m	40m	30m	20m	15m	10m
Gents FITA	3 doz	3 doz						3 doz		3 doz			
Ladies FITA		3 doz	3 doz					3 doz		3 doz			
Metric 1		3 doz	3 doz					3 doz		3 doz			
Metric 2			3 doz	3 doz					3 doz	3 doz			
Metric 3				3 doz	3 doz					3 doz	3 doz		
Metric 4					3 doz	3 doz					3 doz		3 doz
Gents Long Metric	3 doz	3 doz											
Ladies Long Metric		3 doz	3 doz										
Long Metric 1		3 doz	3 doz										
Long Metric 2			3 doz	3 doz									
Long Metric 3				3 doz	3 doz								
Long Metric 4					3 doz	3 doz							
Short Metric 1								3 doz		3 doz			
Short Metric 2									3 doz	3 doz			
Short Metric 3										3 doz	3 doz		
Short Metric 4											3 doz		3 doz
FITA 900			2.5 doz	2.5 doz	2.5 doz								
Junior FITA 900					2.5 doz	2.5 doz	2.5 doz						
FITA 70		6 doz											
FITA STANDARD				3 doz		3 doz							